

Association	Level	Age Group	Position	Contact	Phone #	Email
Heartland Dragons	A	U10	Goalie	Sheldon Lawrence	647-995-9459	
Heartland Dragons	A	U10	Forward	Sheldon Lawrence	647-995-9459	
Heartland Dragons	A	U10	Defence	Sheldon Lawrence	647-995-9459	
Heartland Dragons	A	U11	Defence	Joe Indovina	647-244-2685	
Heartland Dragons	A	U14	Forward	Nick Carvalho	416-889-1385	
Heartland Dragons	A	U17	Defence	Mark Kaczmarczyk	416-567-5382	kaczmark@rogers.com
Meadowvale Hawks	A	U11	Goalie	Ryan Seguro		U11acoach2026@meadowvalehockey.com
Meadowvale Hawks	A	U15	Forward	Sandro Ghezzi		u15acoach2026@meadowvalehockey.com
Meadowvale Hawks	A	U15	Defence	Sandro Ghezzi		u15acoach2026@meadowvalehockey.com
Meadowvale Hawks	A	U18	Forward	Ron Popadiuk		u18acoach2026@meadowvalehockey.com
Meadowvale Hawks	A	U18	Defence	Ron Popadiuk		u18acoach2026@meadowvalehockey.com
Erindale Spitfires	A	U11	Goalie	Ian Turner		turneria33@gmail.com
Erindale Spitfires	A	U17	Forward	Derek Neal	416.992.1064	derekneal@me.com
Applewood Coyotes	A	U17	Player	Chris Stamopoulos		c.stamo@gmail.com
Lorne Park Clarkson	A	U11	Player	Ryan Lennox		ryanlennox@gmail.com
Port Credit	A	U16	Goalie	Patrick Lewis	416-930-7573	patrick.lewis@portcredithockey.com