



*** NEW U8 RED *** program announced:

With the on-going success of the RED program from U10 thru U18 the Mississauga Hockey League (MHL) long with the 6 MHL member associations are excited to announce the new U8 RED program starting the 2026-27 season.

The U8 RED program will be the lead division in the MHL next season. Player evaluations will be held in April. Please check in with your local association for times and locations.

The MHL U8 RED program will run a slightly higher game count compared to the House League divisions and will allow the team to enter "Select" tournaments to further challenge the players.

- Players eligible to play on the MHL association RED teams will be from the local & GTA area only (Brampton, Halton Hills, Milton, & Oakville residents are ineligible) to play in RED until U10 age.
- Teams will be entered into the first tier of the MHL, so they are playing against other teams of similar ability.
- Teams will be playing on modified ice all season.
- Teams will have a 2:1 practice to game ratio set forth by the U8 Hockey Canada pathway.
- More practices, more skill development, more fun during the games.
- Teams will have the opportunity to set up exhibition games to play other U8 Select teams.

MHL

