

2023 - 2024 Minimum Suspension List



(updated Oct 5, 2023)

Please note that a number of the sanctions listed herein have a cumulative effect. Details of these accumulation sanctions are provided at the end of this document. If in doubt, contact your Area Association Discipline Director, or call the MHL Office, 905-607-1118.

M = Misconduct GM = Game Misconduct GRM = Gross Misconduct MP - Match Penalty

Misconducts		Old Code	Suspension
7.10 (d)	Failure to go to the Player's Bench or Neutral Area	M12	0 games
10.5 (d)	Throwing Stick Over Boards	M14	0 games
10.6 (d)	Illegal Equipment	M13	0 games
11.1 (d) i	Unsportsmanlike Conduct	M20	0 games
11.1 (d) ii	Interference/Distraction During Penalty Shot	M69	0 games
11.1 (d) iii	Intentionally Knocks or Shoots Puck Out of Reach of an Official	M100	0 games
11.1 (d) iv	Failure to go directly to Penalty Bench	M10	0 games
11.1 (d) v	Entering Referee's Crease	M23	0 games
11.2 (d)	Abusive Behaviour	M21	0 games

Game Misco	nducts (See also Rule 11 - Maltreatment)	Old Code	Suspension
7.10 (b)	Fighting	GM30	3 games
MHL	2nd Offence		4 games
MHL	3rd Offence		Indefinite
7.10 (e) iii	2 nd Fight, Same stoppage of play (3 rd , 4 th , etc.)	GM31	3 Games
7.10 (e) ii	Player(s) 3 rd , 4 th , 5 th Player into Fight	GM32	3 Games
10.4 (e) i	Leaving the Players bench or Penalty Box	GM34	4 Games
10.4 (e) ii	Leaving the Players bench or Penalty Box and incurring subsequent penalty	GM35	5 Games
10.4 (e)	Coach whose player is penalized under GM34 and/or GM35	GM36	4 Games
	GM36 – Coaches' penalty will be noted on the front and back of the game sheet of the Officials' copy only. Penalty to coach is automatic as a result of player receiving GM34 and/or GM35, coach not to be ejected as a result of this penalty being assessed.		
7.11 (a)	Instigator/Aggressor of a Fight	GM38	3 Game
MHL	2nd Offence		4 games
MHL	3rd Offence		Indefinite
7.8 (b)	Kneeing (Major + Game Misconduct)	GM41.01	2 Games

7.5 (b)	Checking from Behind (Major + Game Misconduct)	GM41.03	2 Games
MHL	2nd Offence		4 Games
MHL	3rd Offence		Indefinite
9.2 (b)	Cross Checking (Major + Game Misconduct)	GM41.04	2 Games
9.3 (b)	Slashing (Major + Game Misconduct)	GM41.08	2 Games
7.2 (b)	Boarding (Major + Game Misconduct)	GM41.10	2 Games
7.3 (b)	Body Checking (Major + Misconduct)	GM41.11	2 Games
7.4 (b)	Charging (Major + Game Misconduct)	GM41.12	2 Games
7.6 (b)	Head Contact (Major + Game Misconduct) - 1st Offence	GM41.13	2 Games
MHL	2nd Offence		4 Games
MHL	3rd Offence		Indefinite
8.7 (b)	Clipping (Major + Game Misconduct)	GM41.14	2 Games
7.9 (b)	Roughing (Major + Game Misconduct)	GM43	2 Games
8.1 (b)	Holding Injury (Major + Game Misconduct)	GM46	2 Game
8.2 (b)	Hooking Injury (Major + Game Misconduct)	GM48	2 Games
8.3 (b)	Interference (Major + Game Misconduct)	GM49	2 Games
8.5 (b)	Interference with the Goaltender (Major + Game Misconduct)	GM50	2 Games
8.4 (a)	Interference from the Bench (Bench Minor + Game Misconduct, if identifiable)	GM51	2 Games
8.4 (b)	Interference from the Bench (Major + Game Misconduct)	GM52	2 Games
8.6 (b)	Tripping Injury (Major + Game Misconduct)	GM53	2 Games
7.5 (a)	Checking from Behind (Minor + Game Misconduct)	GM55	1 Game
10.5 (b)	Throwing or Shooting Stick or Object with Injury	GM56	1 Game
10.4 (e)	Leaving the Bench without Clearance from the Referee (Assessed to coach if altercation results in penalties at end of game)	GM62	2 Games
10.4 (a)	Bench Official on the Ice Without Permission of Official	GM65	1 Game
10.8 (b) i	Refusing to Start Play (Coach – Major + Game Misconduct)	GM70	Indefinite
10.8 (b) ii	Refusing to Leave the Players Bench (Major + Game Misconduct)	GM72	1 Game
4.7 (c)	Second Misconduct – Same Game	GM76	1 Game
MHL	Miscellaneous	GM99	1 Game
4.8 (b)	Game Ejections	GE101	0 Games
MHL	Game Ejection (Three (3) Head Contact Penalties)	GE102	0 Games

Pre or Post Game Altercations		Old Code	Suspension
PG101	Any player involved where Major and Game Misconducts are assessed	PG101	2 Games
PG102	Coach of team whose players are so penalized	PG102	Indefinite
PG103	Any team involved in a pre or post game brawl	PG103	Indefinite

Gross Misconducts (See also Rule 11 - Maltreatment)		Old Code	Suspension
10.6 (f) ii	Refusing to remove helmet or facial protector for identification	GRM13	Indefinite
7.2 (f)	Fighting with Team Official	GRM30	Indefinite
10.6 (f) iii/iv	Removing Helmet and/or Chinstrap	GRM31	Indefinite
10.6 (f) i	Illegal Equipment	GRM83	Indefinite

Match Pen	alties (See also Rule 11 - Maltreatment)	Old Code	Suspension
7.1 (c)	Attempt to Injure or Deliberate Injury (May include but not limited to head-butting, hair pulling, grabbing face mask & kicking)	MP40	4 Games
9.4 (c)	Spearing	MP41	4 Games
9.1 (c)	Butt Ending	MP42	4 Games
7.2 (c)	Boarding	MP43	4 Games
7.3 (c)	Body Checking	MP44	4 Games
7.4 (c)	Charging	MP45	4 Games
7.8 (c)	Kneeing	MP46	4 Games
9.2 (c)	Cross-Checking	MP48	4 Games
7.10 (c)	Fighting – Ring or Tape on Hand(s)	MP49	4 Games
8.8 (c)	Slewfooting	MP50	4 Games
7.5 (c)	Checking from Behind	MP51	6 Games
7.6 (c)	Head Contact	MP52	6 Games
8.7 (c)	Clipping	MP53	4 Games
9.3 (c)	Slashing	MP54	4 Games

Rule 11 - Maltreatment		Old Code	Suspension
11.1 (e)	Unsportsmanike Conduct (Game Misconduct)	GM20	2 games
MHL	2nd Offence		4 games
MHL	3rd Offence		Indefinite
11.2 (e)	Abusive Behaviour (Game Misconduct)	GM21	3 Games
MHL	2nd Offence		4 games
MHL	3rd Offence		Indefinite

11.2 (f)	Abusive Behaviour / Travesty of the Game (Gross Misconduct)	GRM23	5 games
MHL	2nd Offence		Indefinite
11.3 (c)	Spitting	MP47	5 Games
11.4	Discrimination	GRM21	5 Games
MHL	2nd Offence		Indefinite
11.5 (e)	Physical Harassment of an Official - Game Misconduct		3 games
11.5 (c)	Physical Harassment of an Official - Match Penalty		Indefinite

Notes:

- 1 Any participant (i.e. Player or Team Official) who accumulates THREE (3) suspensions shall be indefinitely suspended pending a review by the League Office and a possible Hearing with the MHL Discipline Committee.
- 2 Any TEAM that accumulates SEVEN (7) total suspensions that fall into the categories of "aggressive play", "fighting", and Match Penalties will have a 2-game suspension assessed to the Head Coach of the respective team.
- 3 All "Indefinite" suspensions will result in a Hearing with the MHL Discipline Committee
 For more detail regarding the MHL's Discipline Emphasis Policy, please visit the
 Rules & Regulations page on our website:

https://hockey.on.ca/rules-regulations/